

ROGI News

Doors open at 6.15 so you can visit the library, stalls and seed tables or just have a chat over tea or coffee before the meeting begins at 7. Supper is served afterwards.

Bayside Community Church
Macarthur St, (corner McDonald Rd), **ALEXANDRA HILLS**

REMEMBER to bring:

- washed pots/punnets (leave at plant table)
- swap and share items
- ROGI Rewards contribution (optional see p10)
- a basket/box/bag for your purchases
- Questions for Plant Clinic
- Something for supper if you can

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If you'd like to surprise someone with a gardening gift or encourage a friend to join our friendly garden club, how about a **ROGI Gift Certificate**?

It's easy - just fill in an application and bring cash. If you wish to purchase one online, complete an [application](#) and then pay online by bank transfer. It can be posted to you or the recipient.

For details please phone me 0419 987 870 or email membership@rogi.com.au Rhonda



Blackberry nightshade (*Solanum nigrum*) has berries that are edible, delicious and harmless when ripe. The flowers, leaves and green berries are toxic. They are a host of the 28-spot ladybird which is the only herbivorous (leaf-eating) ladybird.

For this reason, the plant is regarded as a weed as it can attract the pest into your garden.



Jill's Jottings

This so-called winter weather has been glorious, albeit still a bit chilly overnight, and perfect for getting stuck into the garden. This is why most of us joined ROGI, to get stuck into the garden and grow food.

But ROGI is much more than that ...

These are the objectives of ROGI:

- advance **knowledge in organic gardening** and other **ecologically sustainable techniques** by sharing skills and knowledge
- study and research **improved methods of organic** growing
- foster **public interest in organic growing**
- **promote organic agriculture and horticulture** and **sustainable practices** which protect our natural resources

If any or all of these light a fire under you, please be at our meeting on Thursday night and put your hand up for something, no matter how small. I urge you to peruse the various roles (see p. 9) and consider if you have the belief in our aims, the skills, enthusiasm and time to contribute and help ensure ROGI can continue to exist.

For those of you who have been in ROGI for some time, and who have got a lot out of your membership, now is the time to consider how you can 'give back' to ROGI.

Being a part of the management and decision-making team isn't always purely altruistic: there are advantages. We have fun at our committee meetings and it's great being in a position to make ROGI the best gardening group it can be. I am sure any committee member will tell you they've enjoyed the experience and have often learned new skills (and not just gardening skills!).

Please have a chat with me or some other current and former committee members and office bearers to hear what they say.

In the past year ROGI has given you 23 opportunities to meet with other keen food gardeners, whether aspiring or experienced, and get value from your membership. Even if you can't do Thursday evenings, you can attend our Garden Visits (which are like personalised ROGI meetings on weekends), field trips and/or workshops. Here's what happened in the past 12 months ...

Guest Speakers

Aug	Rose Faleafa	A Gardener's Tale
Sept	Linda Brennan	Tips for Terrific Compost
Oct	Maurie Foley	Preparing for Growth Season
	Col Harris	Qld Fruit Fly research results
	Tom Bohl	Top Subtropical Edible Perennials
Nov	Jerry C-W	21st Century Cottage Garden
Feb	Erik van Z	Starting from Scratch
Mar	Kate Wall	Gardening on a Budget
Apr	George Allen	Fruit Trees for Subtropical Climate
May	Tilly	Self Sufficient on 600sqm
Jun	Michael	Biochar
	Nooshin	Wicking Beds
July	several	Gardeners' Roundtable

Garden Visits

Aug	Rachael & Andrew	Thornlands
Sept	Linda Barrett	Thornside
Oct	Marrisa	Capalaba
Apr	Nooshin	Cleveland
May	Erik,	Thornlands
Jul	Dennis & Mandy	Birkdale

Field Trips & Events

Tilly's Garden	Capalaba
World Environment Day	
June Nourished Landscapes	

Seedsavers meetups

Oct	Prepare organic soil for planting
Dec	Saving seeds
Apr	When are seeds ripe to collect?
Jun	Companion planting

Please continue to take advantage of what ROGI offers.

Jill outgoing ROGI president

Mike's Musings

Resilience!



I saw this the other day in our street. A beautiful young tree growing out of a fence brick wall!

What does that tell us?

Nature has the enormous potential to deal with adversity, even if the odds are stacked against it. Isn't that wonderful? If left alone this tree would, over time, many years I guess, take over the space completely.

I saw this in Germany in 1989 onwards after the wall came down. In many places, the once massively-fortified

border strip – often hundreds of meters wide with minefields, razor wire, trip wires triggering automatic guns and numerous lines of fencing – were returned to nature. And in less than 20 years you could hardly make out where the border had been.

The gardens of the future will pop up where today's concrete has been poured and roads have been laid down.

Does that mean we don't have to worry any more about what the future will hold for gardening?

Well, in a sense that's right. There's a big BUT, though: our way of building houses and infrastructure involves more and more artificial products, - different types of plastics, PFAS/PFOA, foams, plastic sheeting etc.

When they break down they release toxic particles into the ground that is not conducive to growing plants and our health. There is no way around preserving nature as best as we can. Every square meter of unpolluted soil in our gardens and our neighbourhood is precious – and we are the guardians.

As we speak, too many large blocks are subdivided into towel sized lots, gardens turned into hard stands and the only greenery left is a pitiful, alibi decorative plant.

If we resist to 'develop' our backyards, keep sealed areas to a minimum, have pervious paths and car parks that allow rain water to sink into the ground, encourage our neighbours to do the same... we will do future generations a big favour.

Plants need pollinators – that's where bees and butterflies etc come in. They need pollen – that's where flowers come in. Flowers, together with healthy soil, full of microbes and worms, plus compost, lay the foundations for the healthy food we want and need to eat.

In big cities, one day, we may have to rely on vertical or rooftop gardens to keep food miles low. It's an option, but how much better to have backyard gardens, community gardens nearby, or suburban farms that provide us with healthy fruit and veg?

We at ROGI know that it takes only about 20 m² of space to produce most of the veg a family of four needs – if we do away with the thought that every veg has to be available all year round. Although, in our blessed climate, we can get close!

Equally, if every block had a few fruit trees, and we shared the bounty among our neighbours, we'd have enough citrus and other fruit to go around most of the year without the supermarket.

Resilience in this context means that we refuse to buy fresh food with long food miles; food that's lost nutritional value due to long supply chains and the way it was farmed.

It means utilising every bit of space to grow something of value. A food item to nourish us and give us the pleasure of seeing plants grow; something to share with like-minded gardeners. Plants that keep our insects and birds alive – for the benefit of all.

This is what ROGI is about. We enable our members to live a healthier, more fulfilling life. We may well, among other similar groups, lay the foundation to preserving a healthy food chain. We are a grass-roots group that, together with like-minded groups, create a groundswell that one day will lead to growing fruit and veg returning into our suburbs – where they belong!

Mike Qualmann ROGI Secretary

Seedsavers



Our next cosy Seedsavers' meetup is coming up on
Tuesday 18 August
9.30am-11.30am

Our topic of interest is
Growing Successful Root Crops

I think you'll find it very interesting and especially helpful for your spring plantings. We'll be saving, separating and packing our home grown organic seeds too, so please save your favourites from your garden. We love the heirloom varieties, not the F1 hybrids please. □

Bring with you... seeds or seed heads; a cup and a little plate of something to share for morning tea.

Next ROGI meeting

Thursday 13th August 6.15 for 7pm start
Bayside Community Church, MacArthur St (corner McDonald Rd), Alex Hills.

The Importance of Soil

Have you ever stopped to consider that the top layer of soil supports our existence?

Tonight, Linda Barrett will discuss the intricacies of soil, explaining the soil-food web and highlighting the importance of these underground workers.



Upcoming ROGI Events

Next Garden Visits

Linda and Damien, Capalaba

Sun 23 Aug. 1.00—3.00

The Brennans have turned this once neglected garden into an organic oasis. The garden offers long views through towering eucalypts, with a wildlife corridor backdrop (right).

The 400 m² garden is an example of what using organic and biodynamic practices, and permaculture can do for soil quality and biology and food productivity. With more than 70 species of fruits and over 150 edible and useful plants, they harvest more than the family can possibly eat.

When you visit, you'll enjoy a walk of the labyrinth and admire fruit trees and edible flowers. You'll learn about medicinal plants and how to use them, and identify edible flowers currently in bloom. There is more ...

Mike and Ella, Wellington Point

Sun 11 Oct. 2.00—4.00

Mike and Ella purchased their property in 2022 and started working on the garden in mid and late 2023. Gradually, unproductive areas were converted into garden beds for veg and some 15 fruit trees. The heavy red clay soil required a lot of effort at the outset, but now the results are coming in fast. While the pool took away some space, there are lots of 'hidden' spaces for growing. Ella and Mike took pains to grow according to the particular local aspect with regards to sun and rain, but it took a few misadventures to get there – and it's still work in progress. Come and see for yourself ...

Bring a small plate of homemade food and/or home grown produce to share, and a mug for tea or coffee.

These are free events for ROGI members, but numbers are limited. Please book on TEAM APP, at the August meeting or 0401157713. The address will be sent to you before the date.



Garden Visit

Dennis and Mandy at Birkdale

Our visit to Dennis and Mandy was a reminder that enthusiasm and a willingness to learn are just as important as years of experience.

Remarkably, Dennis has only been gardening for two years, yet he has already created a large and productive garden.

With neighbouring trees extending their roots into the garden and competing for nutrients, Dennis chose to work with the conditions so, instead of relying on in-ground planting, he has above-ground wicking beds and containers, creating a productive and easily-managed growing space.

These include IBC wicking beds, large pots for potatoes and fruit trees, Colorbond beds and commercial hard plastic beds.

Dennis also deserves an award for bargain hunting! He has a talent of finding resources at minimal cost. He sources supplies second-hand or free through sites such as Marketplace. Many of his garden beds have been bought second hand or given free.

Weldmesh panels, 50mm x 50mm with a lighter weight wire curve into sturdy arches over the garden beds, providing support for climbing plants and protective netting. (See right)

(These were purchased from Handy Steel Supplies at Beenleigh. Dennis said that the panels cost him \$18 but they've increased in price to \$25. This company are very helpful, so just describe what you need to do with the panels and they will advise)

Healthy soil is clearly a priority.

Dennis builds fertility by combining a range of organic inputs, including biochar from Pacha-



IBC's top edges protected by split irrigation tubing to improve durability and safety

mama, spent mushroom compost from the Mt Gravatt Markets at the bargain price of just \$2 per bag, Turners Compost Fertiliser—a cattle manure-based product from Toowoomba—and valuable manure from his own chickens.

One feature that caught everyone's attention was the neat line-up of watering cans under the pergola. When planting new seedlings, for example, he uses a solution of Biogold, a commercial fermented worm-farm product, to give young plants a good start.

With free-ranging chickens enjoying garden time each day, most beds are protected by low barriers (*below*) to prevent enthusiastic scratching from undoing Dennis's hard work.



As with all ROGI garden visits, the morning was as much about sharing knowledge as admiring plants. Dennis was delighted to pick up ideas from our experienced members and admitted that his next gardening challenge will be learning to grow more plants from seed. Given what he has achieved in just two years, we're sure he'll master that in no time!

Thank you to Dennis and Mandy for so generously opening your garden to our members. It was a wonderful morning filled with ideas, inspiration and friendly conversation.

Report and photos by Linda Barrett

Dennis and Mandy photos



Chickens free-range most of the day.



L: Drip-feeding/watering

Below: Rubbish bin pot



Above: Dennis with mesh cage to protect plants, such as these lettuce below.



Varroa: the end of gardening as we know it?

You will have heard of the Varroa mite, and what it does to bees. It's heart-breaking to see entire colonies of bee hives being destroyed.

How many bees are currently buzzing around in your garden? What does it mean for the pollination of our plants? Will we have to run around with a feather duster?

There is some good news among all the bad news. Let's have a closer look at pollination: how it works and what role the European honey bees play in that context.

Pollination can happen in several different ways: wind pollination, animal pollination (mostly insects) and passive self-pollination. European honey bees have become a major pollinator for many plants that rely strongly on animal (insect) pollination.

They work side-by-side with native bees – in some areas they've taken over from native bees.

Varroa affects (kills) only European honey bees so native bees may be able to recover grounds lost before in the pollination process. The Varroa mite does not affect native bees directly. However, the use of Fipronil (a highly toxic killer on European honey bees) for Varroa control in NSW may affect native bees as well. Fipronil can be detected in honey for up to 2 years after application.

QUEENSLAND DOES NOT USE FIPRONIL!

For us personally, it is sad to see our beloved passionfruit vine being in the left-most column. The worst impact will be on commercial growers of macadamias and almonds.

Table 1. The level of biological dependence of crops to insect pollination (Klein et al., 1997)

Essential	Great	Modest	Little	None
Kiwifruit	Apple	Cotton	Capsicum	Sugar cane
Passionfruit	Mango	Coffee	Tomato	Corn/Maize
Macadamia	Blackberries and related berries	Faba bean	Kidney bean	Wheat
Watermelon	Cherries	Soya bean	Peanut	Rice
Rockmelon	Plums	Sunflower	Papaya	Barley
Pumpkin, squash and zucchini	Avocado	Chestnut		Sorghum
	Almonds			Chickpea
	Canola			Table and wine grapes
	Cucumber			

Source: Australian Government, Department for Agriculture, Fisheries and Forestry.

What about citrus trees?

Most citrus trees are self-pollinators (wind pollinated) and don't rely on bees. However, cross pollination can improve fruit set, fruit quality and general plant health. If you experience problems you can hand pollinate with a fine brush from one flower to another—not practical for tall trees

What alternative pollinators can help in the absence of bees?

Perhaps the most promising are **hoverflies** and their babies. These critters are similar in size to bees, eat nectar and pollen, don't sting or bite and don't need a hive. Their bodies transfer pollen from one flower to another just like bees. Successful trials have been conducted in Tasmania on carrot farms. It will be interesting to watch this space.

Native stingless bees are an option if you can obtain hives... highly sought after at present.

'ABeeC Hives' offers 'Beehive Babysitting' (also called agisting) where they provide and manage the hives and the gardener gets the pollination for free - however they are fully booked until the end of 2026.

Other keepers of native bees which may or may not sell hives. Here's a website with beekeepers that sell hives. Be aware that some of the information provided may be dated.

There are ROGI members who have experience with native bees. Ask around, and/or put a request on Team App Chat.

<https://www.abc.net.au/news/2023-09-22/hover-flies-step-up-as-pollinator-as-varroa-mite-hits-bees/102880708>

<https://abeec.com.au/beehive-babysitting>

<https://www.aussiebee.com.au/buy-stingless-bees.html>

<https://www.unisq.edu.au/news/2026/01/the-conversation-native-pollinators>

Mike Qualmann

ROGI MANAGEMENT COMMITTEE POSITIONS

All position holders shall be ordinary or life members of Redland Organic Growers Incorporated.

PRESIDENT

Leads and inspires ROGI.

Delivers monthly meetings to members.

Seeks guest speakers, field trips and other opportunities and accepts suggestions from committee and members.

Promotes ROGI and organic gardening to the community.

Reviews & distributes monthly newsletters to members.

VICE PRESIDENT

Assists the president in planning and delivery of meetings, initiatives, and events as above.

Represents president if absent.

Reviews monthly newsletters to membership if President is unable to do so.

SECRETARY

Keeps records of the business of ROGI, including rules.

Records officeholders and trustees of the association.

Sets agendas and records minutes of committee meetings.

Completes and sends documents to the Office of Fair Trading after the AGM.

Manages correspondence.

TREASURER

Handles all monies paid or received and issues receipts.

Deposits monies into ROGI bank account.

Makes payments from ROGI funds with appropriate authority.

Complies with Associations Incorporation Act.

Submits report, balance sheet or financial statement to the committee on a monthly basis.

Secures all accounting records of ROGI.

Reviews transactions online prior to all meetings.

Prepares financial statements and supporting documents before the Annual General Meeting.

COMMITTEE MEMBERS (4)

Committee members will have Office Bearer positions and be an integral part of the decision-making process.

The eight committee members (listed above) are expected to attend ROGI management committee meetings. Currently these are usually held one week after the ROGI monthly members' meeting.

ROGI OFFICE BEARERS

CLUB EVENTS CO-ORDINATOR

- Sources and coordinates member workshops, garden visits and field trips.

PUBLIC EVENTS CO-ORDINATOR

- Organises public ROGI events (at the moment only the annual IndigiScapes event).

MEMBERSHIP SECRETARY

- Updates membership list bi-monthly; sends to committee.
- Receives and processes new membership applications and renewals.
- Sends a welcome letter to each new member.
- Oversees sign-in and visitor's tables at monthly meetings.
- Compiles list of visitors each month.

NEWSLETTER EDITOR

- Liaises with president, committee, and office bearers to publish articles, events and other relevant articles/news.
 - Develops ideas and arranges for members/self to write articles.
 - Arranges for write-ups from events and speakers.
- Edits for accuracy of spelling, grammar, sources and facts.

Sends the finished document to president/vice-president for review and distribution.

PR & COMMUNICATIONS CO-ORDINATORS

- Handles advertising and press releases.
- Arranges maintenance of website, including Directory and Public Events.

Arranges maintenance of social media (Facebook, Instagram, TeamApp).

LIBRARY CO-ORDINATOR

- Maintains records of books in stock and all loans.
- Acquires new books as directed by the committee.

AV DESK OPERATOR/S (TWO OR MORE PEOPLE ARE NEEDED)

- Operates audio visual desk on meeting nights.

SEED BANK AND SEEDSAVERS' CO-ORDINATORS

- Purchases, saves or procures fresh quality seed for seed bank.
- Maintains records of seed stock; rotate to maintain viability.
- Sells seeds (*gives away Seedsavers*) at ROGI meetings, garden visits and events.
- Arranges for envelopes, labels and seed-packing days.
- Ensures seed bank has seasonal stock.

PLANT SALES CO-ORDINATOR

- Sells plants, that have been grown and donated by members, at ROGI meetings with helper/s.
- Arranges for leftover plants to be looked after by members until the next meeting.

SUPPER CO-ORDINATOR

- Supplies consumables and keeps receipts for reimbursement by treasurer.
- Lays out supper provided by members. Makes ROGI tea.
- Ensures kitchen is clean after meetings with help of volunteers.
- Launders tea towels and tablecloths.

On 20 July, an email about this, and more, was sent to all members from the Secretary.

ROGI MANAGEMENT COMMITTEE

PRESIDENT	Jill Nixon	president@rogi.com.au
V. PRESIDENT	Linda Barrett	vp@rogi.com.au
SECRETARY	Mike Qualmann	secretary@rogi.com.au
TREASURER	Rose Faleafa	treasurer@rogi.com.au
COMMITTEE MEMBERS	Rhonda Binns, Tom Bohl, vacancies	

OFFICE BEARERS

MEMBERSHIP SECRETARY	Rhonda Binns	membership@rogi.com.au
NEWSLETTER EDITOR	(Temp J Nixon) vacancy	jill.nixon@bigpond.com
PR, COMMUNICATIONS	Gail Bruce	
CLUB EVENTS	Linda Barrett	
PUBLIC EVENTS	-	publicevents@rogi.com.au
LIBRARY	Vacancy	library@rogi.com.au
Library Assistants	Lin Peart, Dee Armstrong	
SEED BANK	Geoff & Cheryl Rynja	seeds@rogi.com.au
Seedsavers Group	Linda Brennan	linda@ecobotanica.com.au
TECH DESK	Mike Qualmann & vacancies	
WEBSITE	Pal Juvancz	pal@pcpals.com.au

The views expressed in ROGI News and at ROGI meetings are those of the editors and submitters, and guest speakers, not necessarily those of Redland Organic Growers Inc

info@rogi.com.au www.rogi.com.au
<https://www.facebook.com/groups/redland.organic.growers>

Other gardening groups using organic methods:

Brisbane Organic Growers Inc (BOGI)— 1st Thurs each month (not Jan). 6.30. Albion Peace Hall, McDonald Rd, Windsor. 0438 254 673 <http://bogi.org.au>

Qld Herb Society—1st Tues each month, Albion Peace Hall. 7.30pm. 0458 798 663 <https://qldherbsociety.org.au>

Oaklands Street Community Gardens—
 Mon, Wed, Fri 9-12. Alexandra Hills. 0410 974 458
<https://www.oaklandsstcommunitygardenqld.org>

Bethania St Community Garden—Wed mornings, Cox Park, Lota. 0439 048 585
<https://www.bethaniastreetcommunitygarden.org>

General Information

Please consider contributing to any of these at various times:

ROGI REWARDS:

Good quality plants and other garden-related items brought along by members. Everyone who attends and signs in is eligible for a Reward. **Please label plant with its name and some growing details before placing it on the table.**

MEMBERS' SALES:

Items you've produced surplus to your requirements that **you wish to sell** to other members – seedlings, eggs, honey, lemons, jam, sustainable craft items – things that have cost you time, money, and effort to produce. Please make sure items are labelled, named and priced. It is preferable that you staff the stall yourself or time-share with a friend.

FREE SWAP/SHARE/GIVE- on table outside

For items you don't want payment for— empty pots, cuttings, unwanted plants (named), surplus produce, shredded paper, strawberry runners and so on. Maybe arrange with other members to do some swapping outside meetings. Take home what's left after meeting.

PLANT CLINIC:

Bring along your plant problems—insect/plant/weed (as many parts as you can - fruit, leaf, root) in a sealed plastic bag. Fill in form on the Plant Clinic table (just inside the door to the main hall) before the meeting starts. Someone will look and may be able to answer your questions. Any solutions will be given on the night and published in the newsletter. *Please be aware that, although we do our best, there may not be anyone present who can solve your problem or identify your plant, especially if it is not related to organic gardening.*

Also, the **ROGI WEBSITE**: Under RESOURCES tab, you'll find:

- ROGI's month-by-month Seed Sowing Guide
 - Seed viability Chart
 - Good Bugs
 - No-dig gardening ideas
 - Permaculture
 - Copies of all newsletters since September 2014.
- ... and lots more. Have a browse.

This is a book about Australian food, not the European food that Australians cooked from ingredients they brought with them, but the flora and fauna that nourished the Aboriginal peoples for over 50,000 years. It is because European Australians have hardly touched these foods for over 200 years that I am writing it,' so says John Newton.

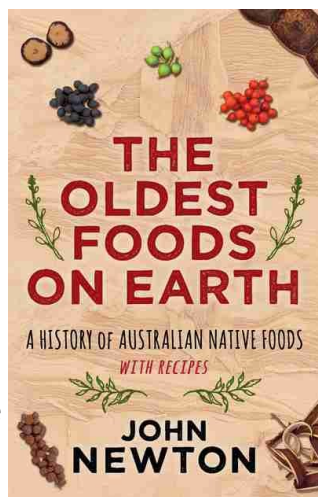
What a revelation! It seems that pretty much everything we learnt at school about how the first Australians lived and ate is wrong.

Carefully researched, insightful and fascinating in its detail, this book had me up reading until late at night.

Why couldn't the colonists manage to survive on foods the original Australians grew, foraged, prepared and ate?

Even when there was the very real risk of starvation in the first year, it was a lack of knowledge and a rejection of local food as being inferior because

it was unfamiliar and not 'civilised'. Now the tide is turning. Many chefs have compiled recipes using native ingredients. We are



Good Books to Read & Return

starting to accept, even relish, the flavours of Australia—more than just macadamia and finger limes. Newton provocatively suggests that farming and eating currently-protected animals such as the scrub turkey (tender and delicious, apparently!) would mean they'd never disappear from the land. Cows and chickens aren't likely to die out, after all.

I highly recommend that everyone reads - nay, digests - this book and tells their friends about it. Bring on the food revolution

Reviewed by Jill Nixon

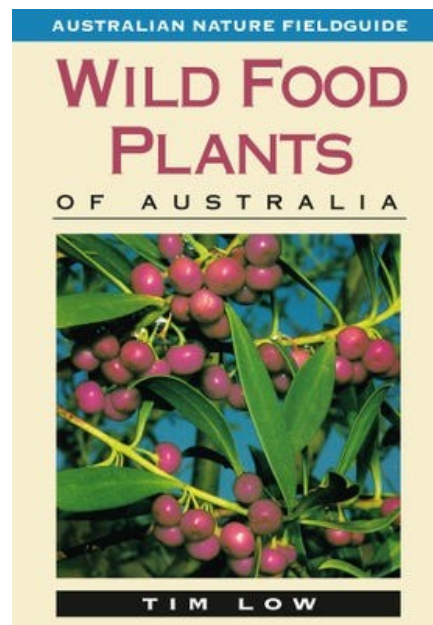
A worthy addition to ROGI's library is the Field Guide edition of "Wild Food Plants of Australia". This is a book where one doesn't quite know where to start a review because all bases seem to have been so well covered. From the very informative introduction to the excellent index it is full of fantastic content.

The first five chapters start with an historical overview of Aboriginal food gathering and how bush foods helped early seafaring explorers to survive. They also clearly explain how to use the Field Guide and give some detail of basic plant identification practices as well as explain the various parts of plants that may be edible. It describes the habitats where edible plants may be found within regions and zones.

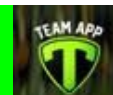
Finally it deals with the dangers of possible poisoning if plants are not clearly identified.

From chapter six onwards the plants within each particular habitat such as Seashore, Freshwater, Rainforest, Open Forest and Arid Zones are described in great detail, supported by superb photography. Everything you could possibly want to know about where to find it, what to look for, how to prepare it for consumption, and its nutritional values is given in a clear manner that is easy to understand. While it will be great to borrow this book from the library, I think this is a book whose real value lies in owning it and using it to hunt out the incredible range of Bush Tucker available for free from coast to bush.

Reviewed by Julia Geljon



TEAM APP



With TEAM APP, you can:

- keep up to date with club events in real time
- not wait till the meeting to book your place for Garden Visits, Workshops, Field Trips.
- make bookings as soon as they are posted on TEAM APP.
- Cancel your booking if needed to free up a spot for someone on the waiting list

If you haven't already registered for TEAM APP, here's how to get TEAM APP on your phone or computer.

On your smart phone or tablet.

- Go to the App store (apple smart phones) or Playstore (Android smart phones)
- Look for the TEAM APP logo. (above)

If you need assistance to set up your TEAM APP account on:

- **a phone or tablet**, someone can help you at the next meeting.
- **your computer.**
Go to <https://www.teamapp.com>
SIGN UP using your email address and a password. Click on MY TEAMS and select your team as ROGI.

We'd like to hear from you.

For example, send us:

- A photo or article of/about an interesting plant
- A request for items or information
- Specific garden or nutrition info
- A recipe for home-grown produce
- A notice of something to give away or sell
- A handy technique or tip
- A gardening problem solved
- Anything to do with organic growing
- A review of a ROGI library book

Sept 2026 newsletter deadline is Thursday 27 Aug
Send contributions to jill.nixon@bigpond.com